



CALENDAR

Dear families,

Last week we celebrated the episcopal ordination of our new Bishop of Sandhurst, Shane Mackinlay. Bishop Mackinlay comes from Ballarat where he was a parish Priest. We look forward to welcoming our new Bishop to St Francis in the coming months. I attended the ceremony on behalf of the school at the Cathedral. This is an exciting time for our Diocese and we also give thanks for the service of Bishop Les Tomlinson who moves into retirement, having served in the role since 2009.

and this will count. If you have any questions or concerns, feel free to look at www.walktoschool.vic.gov.au or get in touch. We look forward to this active month! Please also check out our flyer about our celebration day on Thursday 31 October.

2020 Enrolments: The official date for enrolment closures is today. To help us plan for 2020, please submit enrolments ASAP.

Jump Start for our 2020 Prep students begins on Tuesday 12th November. Students will need to be enrolled to participate in this initiative.

School Board Vacancies: We are looking for energetic, passionate and committed parents to join our School Board starting 2020. If you interested, please contact Matt or feel free to talk to a current member for more details.

Closure Days: Friday 1st & 4th November will be pupil free days for a Staff Wellbeing professional development and a Bishop's Holiday respectively.

Under the Stars: Come and enjoy a social night under the stars on Friday 8th November. Tickets are selling fast!

Have a great weekend.

Matt Knight
Principal



Zone Athletics: Congratulations to everyone who participated in the Division Athletics last Monday. It was a great day with students putting their best foot forward. Congratulations to Jayce Limbrick, Payton Johns and Levi Lewer who made it through to the Regional Finals in Albury last Friday. The students were great representatives of our school on the day.

Walk to School 2019: St Francis Nathalia will be participating in Walk to School month this year. For the month of October, all students are encouraged to get to school in an active manner. This includes walking, riding or scooting. Teachers will mark off in their classrooms how students got to school and at the end of the month the students with the highest level of participation will go in the draw to win a scooter! If your child is unable to get to school in an active manner, they can walk laps around the Tiger Turf until the bell goes

Who is this man?



Thu 31 st Nov	Walk To School Walking School Bus and Breakfast All Saints Mass
Fri 1 st Nov	SCHOOL CLOSURE DAY Staff Wellbeing PD
Mon 4 th Nov	SCHOOL CLOSURE DAY Bishop's Holiday
Tue 5 th Nov	PUBLIC HOLIDAY
Thu 7 th Nov	Bravehearts Ditto
Mon 11 th Nov	Remembrance Day
Thu 21 st Nov	Community Reading Day
Wed 11 th Dec	Year 6 Graduation Dinner 6:30pm

Gratitude Prayer

Lord,

Let me wake up every morning and be thankful for the wonderful life you have given me.

Help me to see the good in things.

Help me to be happy with who I am.

Guide me in the way that I get to show the world my gifts.

I thank you for my health, love, abilities, friends and family.

Today I am grateful for

Amen

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Fees: School fee for Term 4 are now due. I would be grateful if these could be attended to in a timely manner. If payment presents a problem, please contact me.

For those who elect to make payments via our bank account, here are our bank account details:

BSB - 083 543
Account No: 479763404
Reference: Student Name

Weekly, fortnightly or monthly direct debits can be setup for families, and we have EFTPOS facilities also available – just call the office if you need any assistance.

STAFF PROFILES

NAME: Fiona Byrnes

NICKNAME: Scitch

HOMETOWN: Barmah

HOBBIES: Cricket, DJing

FAVOURITE FOOD: Thai

FAVOURITE SPORT AND TEAM:
Cricket, don't have a fav team

FAVOURITE HOLIDAY DESTINATION:
Perisher

FAVOURITE QUOTE: If you don't have nothing nice to say don't say anything at all.

CHILDREN CHATTER MATTERS

Focus: Using longer and more complex sentences

3. Blu-tack sentences:

Write a mixture of words on some board/card. Build sentences using Velcro strips or Blu-Tack and then post the completed sentences in a posting box. Encourage your child to use a range of different words e.g. nouns (person, place, thing), verbs (doing words e.g. run), adjectives (describing words e.g. red, big, smart) and conjunctions (joining words e.g. and, because, so, although, however).

Focus: Using a variety of language genres

4. The art of persuasion.

Show your child how to become more aware of the persuasive devices used by advertising companies. As you drive around notice and discuss the ads on various boards and signage. You could also look through the junk mail and catalogues. Focus on the words or images that influence you most. Would you buy this product why or why not?



CLASSROOM NEWS



Well, even the rain didn't dampen our enthusiasm during our garden session today. The Foundation students worked on their fine motor control, practiced sustainability and learnt about where

fresh food comes from. The kids love being outdoors, digging in the soil, getting dirty, creating things and watching plants grow. We worked cooperatively to make succulent gardens, dig and prepare the soil for planting and had fun exploring the garden on an alphabet hunt. Later in the term we will

use the produce planted to share together. Thanks to our parent helpers who helped the children make their gardens huddled in the shed together.



MEDICATIONS @ ST FRANCIS

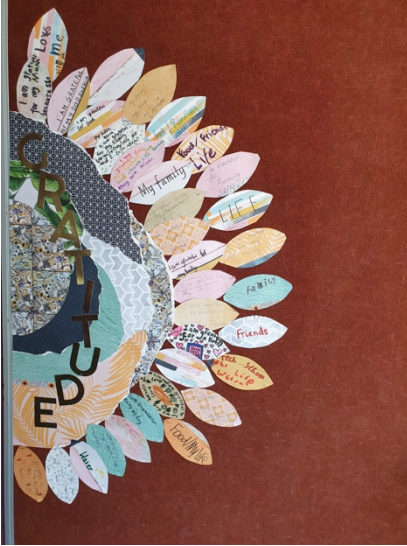
The administration of medication forms part of the Victorian Education schools common law duty of care. Schools can only dispense labelled Prescription medicine or medicines supplied to students with a letter signed by the parent, **along with a signature from your doctor or pharmacist.** This includes any other the counter medication such as Panadol, Cough Medicine, Hay fever medications, creams etc. School Medication Request Forms are available from the front office.



CHILD SAFE STANDARDS

The Child Safe Standards are compulsory minimum standards for all Victorian schools, to ensure they are well prepared to protect children from abuse and neglect. The school website lists the St Francis Child Safe Standards and Policies.

THE GRATITUDE PROJECT



Our Gratitude Flower in the front office is growing. Every day students add something and we are all beginning to notice the little things we are grateful for. Miss Muston's class even reported that when they are working in their journals they feel happy and calm.

PARENTING IDEAS

How do we develop and nurture our child's self-esteem in a world where the likes, comments and followers are often seen as the social currency for popularity, confidence and self-worth?

While young people live out much of their social lives online, there are certain elements of this world that can have a negative impact on the social and emotional wellbeing of young people, particularly if that person's self-esteem is already fragile.

See **Martine Oglethorpe's** article, "**Strengthening kids' self-esteem in a digital world**" for more information.

COMMUNITY NEWS

St Francis Primary School
Invites you to a night

Under the Stars Fundraiser

Purchase your tickets through trybooking.com

08.11.19
7pm-12am
@ST FRANCIS

Tickets \$50pp
Strictly 18+
Strictly No Denim

**SIT DOWN MEAL AND
LIVE ENTERTAINMENT BY LOKKI ACOUSTIC**

**For any inquiries contact
Amy 0429946613**

Drinks at Bar prices

A community event. all welcome

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Web: www.sfnathalia.catholic.edu.au

Phone: 03 5866 2271

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We acknowledge and pay respect to the Yorta Yorta Nation as the original and ongoing custodians of the land on which our school is situated. We commit ourselves to actively work alongside Aboriginal people for reconciliation and justice.